# The Great East Japan Earthquake JNA activities and Preparedness for Future

Hiromi Sanada, PhD, RN
Vice-President
Japanese Nursing Association
May 20<sup>th</sup>,2013
ICN 25<sup>th</sup> Quadrennial Congress







#### Outline of the presentation

- 1. Disaster preparedness before the Great East Japan Earthquake
- 2. JNA's activities for 2 years since the Earthquake
- 3. Preparations for the future



### 1. Disaster preparedness before the Great East Japan Earthquake



#### Japan: A land with frequent disasters

Due to geographically, topographically and meteorological conditions, Japan has many natural disasters, such as typhoons, heavy rains and earthquakes.

# Physically felt earthquake in Japan January –December 2012

3139

Source: Japan Meteorological Agency monthly report of earthquake and volcano, December 2012.



#### 17 January 1995 the Great Hanshin-Awaji Earthquake

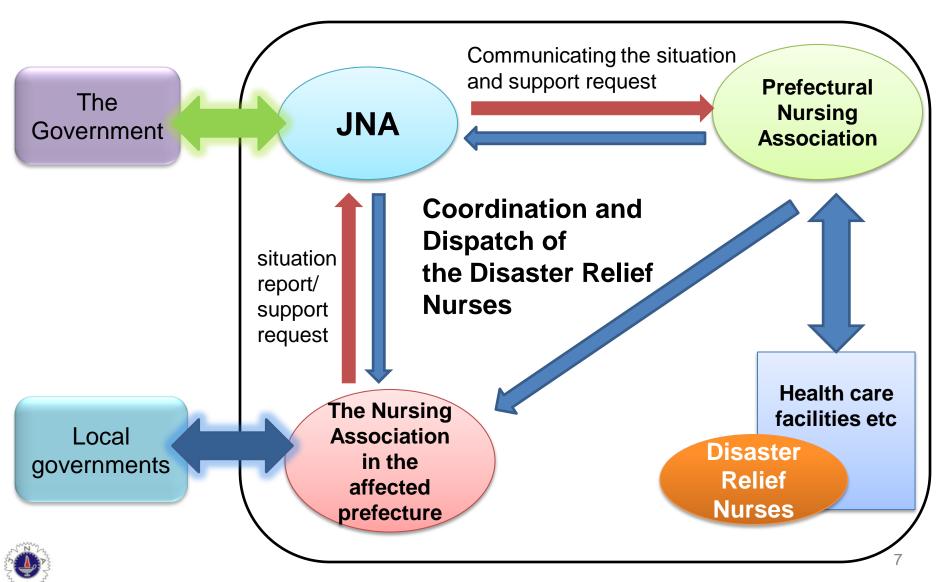




Source: City of Kobe, Hyogo Prefecture



# JNA Relief Network System in Times of Disasters



# 2. JNA's activities for 2 years since The Great East Japan Earthquake



### The Great East Japan Earthquake

Time and date:

11 March 2011, 14:46(local time)

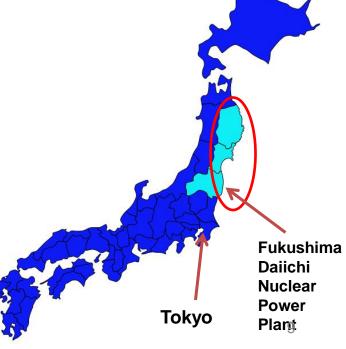
Scale: Moment Magnitude 9.0

Death toll: 15,880

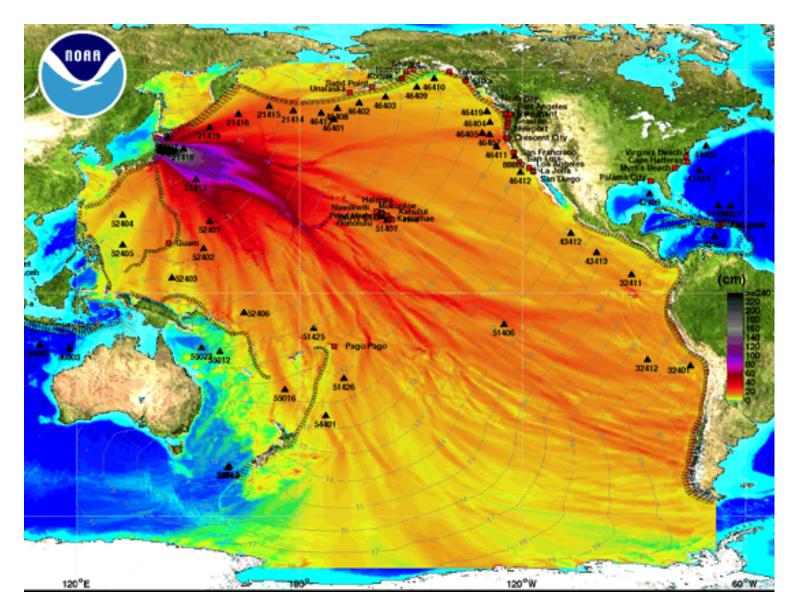
The missing: 2,694 (as of 27 February 2013)







#### The tsunami had impact on all over the world





# The tsunami debris crossed the Pacific Ocean reached North America, 8,800km away from Japan





#### **Nuclear Disaster**

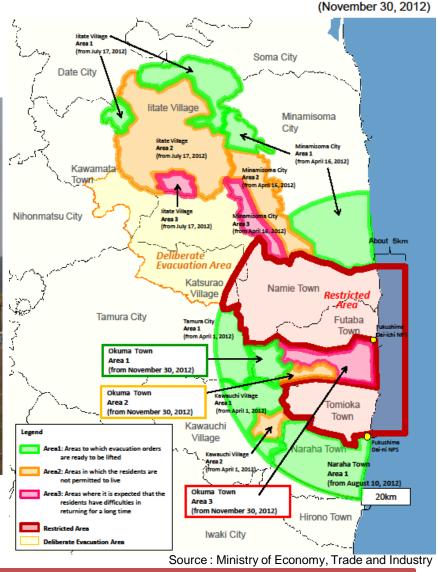




#### Disaster of Fukushima Daiichi Nuclear Power Plant



Source: Tokyo Electric Power Company



Restricted areas and areas to which evacuation orders have been issued

The number of evacuees from the area of evacuation orders about 109,000



#### JNA's Activities

May 2013

Initial response

Medium-term

Long-term

Dispatch disaster relief nurse

Fund-raising for disaster relief

Survey

Support for the recovery of nursing function Refreshment support

Mental health care for nurses

Discussion sessions with nurse managers

Support to secure nurses

Technical support

Support for local reconstruction activities

Reconstruction & strengthening home care service

Supporting public health nurses at nuclear evacuation area

**Policy recommendation** 

#### JNA's Activities

#### Initial Response

Medium-term Long-term

Dispatch Disaster relief nurse

> Fund-raising for disaster relief

> > Survey

Support for the recovery of nursing function

Refreshment Support

Mental health care for nurses

Discussion session with nurse managers

Support to secure nurses

Technical support

Support for local reconstruction activities

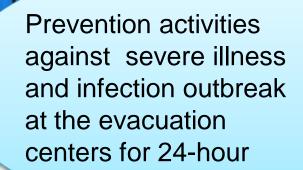
Reconstruction & strengthening home care service

Supporting public health nurses at nuclear evacuation area



### Dispatch of Disaster Relief Nurses

Reducing physical & mental burden of affected nurses by taking over their work at the health facilities.



Maintain ADL and preventions care of complications of the elderly

# Survey of the condition of the members and Recovery of nursing function

Survey of the condition of members

Urgency need to reconstruct health care delivery system



Allocation of donation money aiming to recover nursing function



#### JNA's Activities

#### Initial response

#### Medium-term

Long-term

Dispatch disaster relief nurse

Fund-raising for disaster relief

Survey

Support for the recovery of nursing function Refreshment support

Mental health care for nurses

Discussion sessions with nurse managers

Support to secure nurse

**Technical support** 

Support for local reconstruction activities

Reconstruction & strengthening home care service

Supporting public health nurses at nuclear evacuation area

#### Refreshment support for affected nurses

JNA supported 119 nurses to attend the JNA's professional nursing assembly and the social gathering

#### 98% of the participants felt much refreshed

- Took a leave from their daily life
- Catharsis: able to talk about the disaster
- Solidarity: colleagues are with us



#### Securing nurses



The number of evacuees from the area of evacuation order about 109,000

As of 20 February 2013

The number of hospital nurses in the area around the nuclear power plant



source: Fukushima Prefecture



#### Support to secure nurses

- Utilize current free job-placement website
- JNA public relation newsletter
- Matching job seekers with job offers



#### Technical support

#### objectives

- Improve professional practice skills
- Develop a feeling of self-efficacy
- Prevent turn-over

#### Hospital

Support by JNA nurses specialized in infection control

#### Community

Support by Public health nurses



#### JNA's Activities

#### Initial Respons Medium-term

#### Long-term

Dispatch disaster relief nurse Fund-raising for disaster relief Survey Support for the recovery of nursing function

Refreshment Support

Mental health care for nurses

Discussion session with nurse managers

Support to secure nurses

Technical support

Support for local reconstruction activities

Reconstruction & strengthening home care service

Supporting public health nurses at nuclear evacuation area

#### Support for local reconstruction activities

# Support for financial aspect of local activities

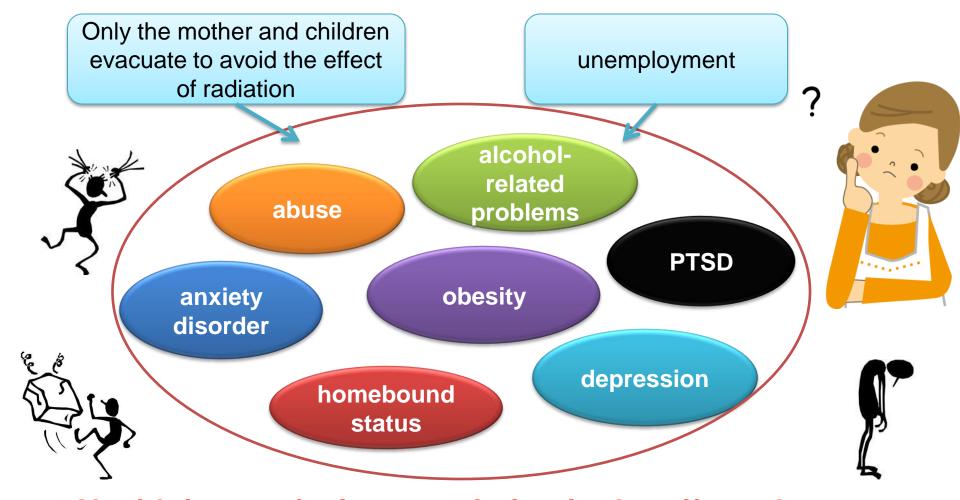


# Reconstruction and strengthening home care service

information for visiting nursing stations to be well established in the community



#### Support for activities of public health nurses in the nuclear evacuation area





Health issues facing population in the affected areas 26

#### 3. Preparations for the future



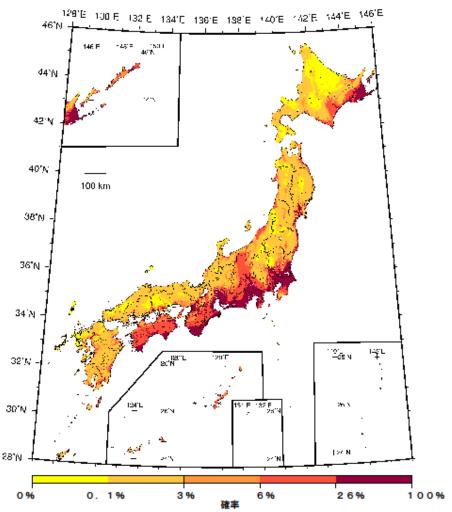
#### Future of the disaster relief activities

- 1. Program on Disaster Relief Nursing
- 2. Revision of the dispatch system
- 3. Increase of the budget



#### JNA's Disaster Preparedness

Considering how we will respond when JNA is struck by a huge disaster





### Thank you!

